

Ways to Protect Yourself and be Free of Mosquitoes

Eliminate Mosquito Breeding Sites Around Your Home and in Your Community

- Female Asian tiger mosquitoes lay their eggs in artificial containers. These can be as big as an abandoned swimming pool or as small as a bottle cap.
- Containers that cannot be emptied (such as abandoned pools or gutters) should be treated with an insecticide that specifically targets mosquito larvae. Check with your local garden center or hardware store for products that contain Bti (*Bacillus thuringiensis* subspecies *israelensis*).
- Be sure that the community you live or work in is free of trash (cans, bottles, plastic bags, cups, etc.) and yard clutter. Asian tiger mosquitoes are not strong flyers but will search for a blood meal flying from one house to another. If the area around your home is clean they may be breeding in trash within a 1/4 mile of your home.



Photo Credit: Bart Drees,
Texas A&M University.

Protect Yourself and Family from Bites

- Wear light-colored and loose fitting long pants and long sleeve shirt to avoid mosquito bites.
- Apply an insect repellent to exposed skin when outdoors.
- If you are sitting outside on a deck or patio, take an electric fan outside to blow the air around. Asian Tigers are weak flyers and stay away.
- The Center for Disease Control and Prevention recommends using repellent products containing DEET, picaridin or oil of lemon eucalyptus. (Make sure you choose and use the repellent that works best for you.)
- Do not allow young children to apply insect repellent to themselves. Always have an adult help them.
- REMEMBER to always read and follow the label instructions when using insect repellents.



Everyone Needs to Help! Clean up Your Community and Adams County

- Make sure your own community is clean; free of trash, debris and clutter.
- Participate in the annual Great PA Cleanup. www.greatpacleanup.org
- Participate in an Adopt-A-Highway location. www.dot.state.pa.us and select More links.

